**Health Reminder and Follow-up**

**Business Requirement**

* These feature help to improve user’s health by reminding them to do specific tasks during the day and stick to their personal health improvement goals.
* We can improve the application by adding tips for users with various health conditions.
* Further, we can also set goals for users to achieve.
* Follow-up feature

**This involves following features**

1. Mental health - In this pandemic situation, Stress, Depression, and sad lifestyle are some of the most basic mental ailments. Anxiety, Depression, and some other factors are responsible for making human life complicated ,Hence, we can develop a feature, particularly for people who are fighting against this mental illness which can track mental health for people who feel alone and need urgent help.
2. Keep Medical Records(History) - Medical records feature is for both doctors and patients.

Users can enter their health records in the application from time to time.When they need to make an appointment with the health expert, they can share that data with him or her.Based on the analysis of the obtained user-health records, the doctor can formulate a medication plan or treatment. This will not only save the user’s time but will also have the doctor take action quickly.

1. Weight-Loss/Diet-Tracker - Getting into proper shape is now the aim of the majority of people worldwide.Most of the people are always looking forward to being in shape by following a proper workout or by dieting.So we can provide diet plans, provide a tracking systems etc.